

GRADES K - 3 LUNCH MENU

APRIL 2017

AVAILABLE ON A DAILY BASIS: Chef Salad; Garden Salad (); PBJ Lunch Box(**); Tootie Fruite Gluten Free Lunch Box (** - - Contains Chex honey nut cereal, yogurt, fresh fruit cup, string cheese, vegetable of the day)**

Student Lunch \$2.50 Adult Lunch \$3.50 Extra Milk or Juice .40 8 oz. Water .40 Extra PBJ Sandwich \$1.25 Extra Fruit .75 cents

(All of the above served with choice of vegetable and/or fruit of the day, assorted milk and or juice)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Homestyle Chicken Tenders & Waffles w/Maple Syrup Baked Beans Warm Country Apples 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	4 Mini Turkey Corn Dogs w/Sun Chips Cucumber Dippers w/Ranch Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	5 Spaghetti w/Meatballs Side Caesar Salad Assorted Fruit Cup Chocolate Pudding Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	6 Popcorn Chicken Bowl (Contains Popcorn Chicken, Corn, Cheese Mashed Potatoes & Country Gravy) Garlic Toast Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	7 Cheesy Stuffed Breadsticks (**) w/Marinara Sauce Steamed Carrots Fresh Fruit of the Day 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	8
9	10 Stuffed Crust Pepperoni Pizza Broccoli Dippers w/Ranch Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	11 Creamy Mac & Cheese (**) Baked Beans Fresh Fruit of the Day Vanilla Pudding Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	12 Sloppy Joes Sun Chips Green Beans Strawberry Mango Sidekick 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	13 Junior Captains's Basket (includes tater tots, fish nugget, garlic bread) Coleslaw Fresh Fruit of the Day 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	14 Crispy Chicken Club Sandwich Carrot Dippers w/Ranch Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	15
16	17 Dorito Loco Walking Taco w/Salsa Green Beans Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	18 Super Cheesy Flatbread w/Marinara Sauce (**) Side Caesar Salad Fresh Fruit of the Day Chocolate Pudding Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	19 French Toast Sticks Turkey Sausage Patty Smiley Taters Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	20 Munchable Lunchable Box (contains ham, cheese, crackers, carrots with hummus cup, craisins, and chocolate chip cookie) 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	21 Homestyle Chicken Tenders Mashed Potatoes Steamed Broccoli Fresh Fruit of the Day 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	22
23	24 Build Your Own Peeps in a Blanket (Chicken Tenders, Shredded Cheese, Tortilla Shell & Ranch Dressing) Carrot Dippers Lemon Blue Raspberry Sidekick 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	25 Buffaburger w/Cheese Smiley Taters Baked Beans Fresh Fruit of the Day 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	26 Build a Very Berry Yogurt Bowl (**) (Contains Vanilla Yoqurt, Blueberries, Strawberries, Trix) Celery Sticks w/Hummus Dip 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	27 Macho Nacho (Contains seasoned ground beef, cheese, salsa, refried beans, tortilla chips) Cinnamon Apples 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	28 Cheese Pizza (**) Side Caesar Salad Fresh Fruit of the Day 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	29

PLEASE NOTE: Any menu item marked with (**) is considered vegetarian.
Menu items subject to change based on product availability.

**We highly encourage you to monitor your child's account free of charge on www.paypams.com
Please feel free to contact sylvia.pelchat@tvcs.org with any questions you may have or if you would like to put a restriction on your child's account.**

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