

GRADES 4 - 12 BREAKFAST MENU

DECEMBER 2018

Student Breakfast \$1.75 Adult Breakfast \$2.50 Extra Milk or Juice .40 Water & Flavored Water \$.75 cents Bottled Juices \$1.00

	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
WEEKS OF: 12/3/18 - 12/7/18 & 12/17/18 - 12/21/18	<p align="center"><u>CHOICE OF ONE ENTRÉE</u></p> Banana Bread (**) Cinnamon Roll (**) Pancakes (**) <p align="center"><u>ABOVE SERVED WITH TATER STARS (Optional)</u></p> <p align="center"><u>OR</u></p> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) <p align="center"><u>OR</u></p> <p align="center"><u>CHOICE OF TWO BELOW</u></p> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) <p align="center">ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk</p>	<p align="center"><u>CHOICE OF ONE ENTRÉE</u></p> Banana Bread (**) Cinnamon Roll (**) Pancakes (**) <p align="center"><u>ABOVE SERVED WITH TATER STARS (Optional)</u></p> <p align="center"><u>OR</u></p> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) <p align="center"><u>OR</u></p> <p align="center"><u>CHOICE OF TWO BELOW</u></p> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) <p align="center">ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk</p>	<p align="center"><u>CHOICE OF ONE ENTRÉE</u></p> Banana Bread (**) Cinnamon Roll (**) Pancakes (**) <p align="center"><u>ABOVE SERVED WITH TATER STARS (Optional)</u></p> <p align="center"><u>OR</u></p> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) <p align="center"><u>OR</u></p> <p align="center"><u>CHOICE OF TWO BELOW</u></p> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) <p align="center">ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk</p>	<p align="center"><u>CHOICE OF ONE ENTRÉE</u></p> Banana Bread (**) Cinnamon Roll (**) Pancakes (**) <p align="center"><u>ABOVE SERVED WITH TATER STARS (Optional)</u></p> <p align="center"><u>OR</u></p> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) <p align="center"><u>OR</u></p> <p align="center"><u>CHOICE OF TWO BELOW</u></p> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) <p align="center">ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk</p>	<p align="center"><u>CHOICE OF ONE ENTRÉE</u></p> Banana Bread (**) Cinnamon Roll (**) Pancakes (**) <p align="center"><u>ABOVE SERVED WITH TATER STARS (Optional)</u></p> <p align="center"><u>OR</u></p> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) <p align="center"><u>OR</u></p> <p align="center"><u>CHOICE OF TWO BELOW</u></p> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) <p align="center">FRIDAY SPECIAL Ham, Egg & Cheese Croissant</p> <p align="center">ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk</p>
	WEEK OF: 12/10/18 - 12/14/18	<p align="center"><u>CHOICE OF ONE ENTRÉE</u></p> French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <p align="center"><u>ABOVE SERVED WITH TATER STARS (Optional)</u></p> <p align="center"><u>OR</u></p> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) <p align="center"><u>OR</u></p> <p align="center"><u>CHOICE OF TWO BELOW</u></p> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) <p align="center">ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk</p>	<p align="center"><u>CHOICE OF ONE ENTRÉE</u></p> French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <p align="center"><u>ABOVE SERVED WITH TATER STARS (Optional)</u></p> <p align="center"><u>OR</u></p> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) <p align="center"><u>OR</u></p> <p align="center"><u>CHOICE OF TWO BELOW</u></p> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) <p align="center">ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk</p>	<p align="center"><u>CHOICE OF ONE ENTRÉE</u></p> French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <p align="center"><u>ABOVE SERVED WITH TATER STARS (Optional)</u></p> <p align="center"><u>OR</u></p> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) <p align="center"><u>OR</u></p> <p align="center"><u>CHOICE OF TWO BELOW</u></p> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) <p align="center">ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk</p>	<p align="center"><u>CHOICE OF ONE ENTRÉE</u></p> French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <p align="center"><u>ABOVE SERVED WITH TATER STARS (Optional)</u></p> <p align="center"><u>OR</u></p> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) <p align="center"><u>OR</u></p> <p align="center"><u>CHOICE OF TWO BELOW</u></p> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) <p align="center">ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk</p>

PLEASE NOTE: Any menu item marked with (**) is considered vegetarian.
 Menu items subject to change based on product availability.

We highly encourage you to monitor your child's account free of charge on www.paypams.com
 Please feel free to contact sylvia.pelchat@tvcs.org with any questions you may have or if you would like to put a restriction on your child's account.
 For information regarding our meal charge limit, please refer to our "Meal Charge Policy" under the Food Service link on our website: www.tvcs.org.

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