

GRADES K - 3 LUNCH MENU

DECEMBER 2018

*AVAILABLE ON A DAILY BASIS: Chef Salad; Garden Salad (**); PBJ Lunch Box(**); Tootie Fruite Gluten Free Lunch Box (** -- Contains Chex honey nut cereal, yogurt, fresh fruit cup, string cheese, vegetable of the day)*

Student Lunch \$2.50 Adult Lunch \$3.50 Extra Milk or Juice .40 8 oz. Water .40 Extra PBJ Sandwich \$1.25 Extra Fruit .75 cents

(All of the above served with choice of vegetable and/or fruit of the day, assorted milk and or juice)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Buffaburger w/Cheese Smiley Taters Baked Beans Fresh Fruit of the Day 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	4 Perfect Pizza Quesadilla w/Marinara Sauce Carrot Dippers Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	5 Crispy Chicken Sandwich Celery Sticks w/Hummus Dip Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	6 Macho Nacho (Contains seasoned ground beef, cheese, salsa, tortilla chips) Cinnamon Apples 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	7 Cheese Pizza (**) Side Caesar Salad Fresh Fruit of the Day 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	8
9	10 Homestyle Chicken Tenders & Waffles w/Maple Syrup Baked Beans Warm Country Apples 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	11 Mini Chicken Corn Dogs w/Sun Chips Celery Dippers w/Ranch Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	12 Spaghetti w/Meatballs Side Caesar Salad Assorted Fruit Cup Chocolate Pudding Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	13 Popcorn Chicken Bowl (Contains Popcorn Chicken, Corn, Cheese Mashed Potatoes & Country Gravy) Garlic Toast Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	14 Cheesy Stuffed Breadsticks (**) w/Marinara Sauce Steamed Carrots Fresh Fruit of the Day 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	15
16	17 Stuffed Crust Pepperoni Pizza Broccoli Dippers w/Ranch Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	18 Grilled Hebrew National All Beef Hot Dog Baked Beans Fresh Fruit of the Day Mini Rice Krispie Treat 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	19 Grilled Cheese on Garlic Toast Sun Chips Celery Dippers w/Ranch Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	20 Crispy Chicken Club Sandwich Steamed Carrots Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	21 HOLIDAY MEAL Sliced Ham w/Country Apples Mashed Potatoes Green Beans Dinner Roll Holiday Treat NO OTHER MEALS AVAILABLE TODAY 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	22
23	W I N T E R B R E A K		H A P P Y H O L I D A Y S !			29

PLEASE NOTE: Any menu item marked with (**) is considered vegetarian.
Menu items subject to change based on product availability.

**We highly encourage you to monitor your child's account free of charge on www.paypams.com
Please feel free to contact sylvia.pelchat@tvcs.org with any questions you may have or if you would like to put a restriction on your child's account.
For information regarding our meal charge limit, please refer to our "Meal Charge Policy" under the Food Service link on our website: www.tvcs.org.**

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