

GRADES 4 - 12 BREAKFAST MENU

APRIL 2019

Student Breakfast \$1.75 Adult Breakfast \$2.50 Extra Milk or Juice .40 Water & Flavored Water \$.75 cents Bottled Juices \$1.00

| | Mon | Tue | Wed | Thu | Fri |
|---|---|---|---|---|---|
| | <i>CHOICE OF ONE ENTRÉE</i> | <i>CHOICE OF ONE ENTRÉE</i> | <i>CHOICE OF ONE ENTRÉE</i> | <i>CHOICE OF ONE ENTRÉE</i> | <i>CHOICE OF ONE ENTRÉE</i> |
| | Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> <i>OR</i> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) <i>(Above 3 comes with 1 choice of grain below)</i> | Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> <i>OR</i> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) <i>(Above 3 comes with 1 choice of grain below)</i> | Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> <i>OR</i> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) <i>(Above 3 comes with 1 choice of grain below)</i> | Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> <i>OR</i> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) <i>(Above 3 comes with 1 choice of grain below)</i> | Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> <i>OR</i> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) <i>(Above 3 comes with 1 choice of grain below)</i> |
| WEEKS OF: | <i>OR</i> | <i>OR</i> | <i>OR</i> | <i>OR</i> | <i>OR</i> |
| 4/1/19 - 4/5/19 | <i>CHOICE OF TWO BELOW</i> | <i>CHOICE OF TWO BELOW</i> | <i>CHOICE OF TWO BELOW</i> | <i>CHOICE OF TWO BELOW</i> | <i>CHOICE OF TWO BELOW</i> |
| 4/15/19 - 4/19/19 | Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) | Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) | Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) | Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) | Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) |
| 4/29/19 - 5/3/19 | ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk | ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk | ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk | ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk | FRIDAY SPECIAL Ham, Egg & Cheese Croissant ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk |
| | <i>CHOICE OF ONE ENTRÉE</i> | <i>CHOICE OF ONE ENTRÉE</i> | <i>CHOICE OF ONE ENTRÉE</i> | <i>CHOICE OF ONE ENTRÉE</i> | <i>CHOICE OF ONE ENTRÉE</i> |
| | French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> <i>OR</i> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) <i>(Above 3 comes with 1 choice of grain below)</i> | French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> <i>OR</i> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) <i>(Above 3 comes with 1 choice of grain below)</i> | French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> <i>OR</i> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) <i>(Above 3 comes with 1 choice of grain below)</i> | French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> <i>OR</i> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) <i>(Above 3 comes with 1 choice of grain below)</i> | French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> <i>OR</i> Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) <i>(Above 3 comes with 1 choice of grain below)</i> |
| WEEKS OF: | <i>OR</i> | <i>OR</i> | <i>OR</i> | <i>OR</i> | <i>OR</i> |
| 4/8/19 - 4/12/19 & 4/22/19 - 4/25/19 | <i>CHOICE OF TWO BELOW</i> | <i>CHOICE OF TWO BELOW</i> | <i>CHOICE OF TWO BELOW</i> | <i>CHOICE OF TWO BELOW</i> | <i>CHOICE OF TWO BELOW</i> |
| | Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) | Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) | Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) | Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) | Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) |
| | ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk | ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk | ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk | ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk | FRIDAY SPECIAL Coach Pop's Breakfast Bowl ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk |

PLEASE NOTE: Any menu item marked with (**) is considered vegetarian.
Menu items subject to change based on product availability.

**We highly encourage you to monitor your child's account free of charge on www.paypams.com
Please feel free to contact sylvia.pelchat@tvcs.org with any questions you may have or if you would like to put a restriction on your child's account.**

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.