

GRADES 4 - 12 BREAKFAST MENU

FEBRUARY 2019

Student Breakfast \$1.75 Adult Breakfast \$2.50 Extra Milk or Juice .40 Water & Flavored Water \$.75 cents Bottled Juices \$1.00

	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
WEEKS OF: 2/4/19 - 2/8/19 & 2/19/19 - 2/22/19	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>
	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) FRIDAY SPECIAL Coach Pop's Breakfast Bowl ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk
WEEKS OF: 2/11/19 - 2/15/19 & 2/25/19 - 3/1/19	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>
	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) FRIDAY SPECIAL Ham, Egg & Cheese Croissant ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk

PLEASE NOTE: Any menu item marked with (**) is considered vegetarian.
 Menu items subject to change based on product availability.

**We highly encourage you to monitor your child's account free of charge on www.paypams.com
 Please feel free to contact sylvia.pelchat@tvcs.org with any questions you may have or if you would like to put a restriction on your child's account.**

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.