

GRADES 4 - 12 BREAKFAST MENU

JANUARY 2019

Student Breakfast \$1.75 Adult Breakfast \$2.50 Extra Milk or Juice .40 Water & Flavored Water \$.75 cents Bottled Juices \$1.00

	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<p>WEEKS OF: 1/8/19 - 1/11/19 & 1/22/19 - 1/25/19</p>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>
	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) FRIDAY SPECIAL Coach Pop's Breakfast Bowl ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk
<p>WEEKS OF: 1/14/19 - 1/18/19 & 1/28/19 - 2/1/19</p>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>	<i>CHOICE OF ONE ENTRÉE</i>
	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <i>ABOVE SERVED WITH TATER STARS (Optional)</i> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <i>CHOICE OF TWO BELOW</i> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) FRIDAY SPECIAL Ham, Egg & Cheese Croissant ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk

PLEASE NOTE: Any menu item marked with (**) is considered vegetarian.
Menu items subject to change based on product availability.

We highly encourage you to monitor your child's account free of charge on www.paypams.com
Please feel free to contact sylvia.pelchat@tvcs.org with any questions you may have or if you would like to put a restriction on your child's account.

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