

**GRADES K - 3 BREAKFAST MENU**

**JANUARY 2019**

**Student Breakfast \$1.50 Adult Breakfast \$2.50 Extra Milk or Juice .40 Water \$.40 cents**

	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>
	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**)  <u>ABOVE SERVED WITH TATER STARS (Optional)</u>	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**)  <u>ABOVE SERVED WITH TATER STARS (Optional)</u>	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**)  <u>ABOVE SERVED WITH TATER STARS (Optional)</u>	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**)  <u>ABOVE SERVED WITH TATER STARS (Optional)</u>	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**)  <u>ABOVE SERVED WITH TATER STARS (Optional)</u>
	<u>OR</u>	<u>OR</u>	<u>OR</u>	<u>OR</u>	<u>OR</u>
<b>WEEKS OF:</b> <b>1/8/19 - 1/11/19</b> <b>&amp;</b> <b>1/22/19 - 1/25/19</b>	Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) Scrambled Eggs (**) <i>(Above 4 comes with 1 choice of grain below)</i>	Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) Scrambled Eggs (**) <i>(Above 4 comes with 1 choice of grain below)</i>	Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) Scrambled Eggs (**) <i>(Above 4 comes with 1 choice of grain below)</i>	Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) Scrambled Eggs (**) <i>(Above 4 comes with 1 choice of grain below)</i>	Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) Scrambled Eggs (**) <i>(Above 4 comes with 1 choice of grain below)</i>
	<u>OR</u>	<u>OR</u>	<u>OR</u>	<u>OR</u>	<u>OR</u>
	<u>CHOICE OF TWO BELOW</u>	<u>CHOICE OF TWO BELOW</u>	<u>CHOICE OF TWO BELOW</u>	<u>CHOICE OF TWO BELOW</u>	<u>CHOICE OF TWO BELOW</u>
	Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**)	Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**)	Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**)	Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**)	Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**)
	<b>ALL OF THE ABOVE SERVED WITH:</b> Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	<b>ALL OF THE ABOVE SERVED WITH:</b> Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	<b>ALL OF THE ABOVE SERVED WITH:</b> Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	<b>ALL OF THE ABOVE SERVED WITH:</b> Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	<b>ALL OF THE ABOVE SERVED WITH:</b> Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk
	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>
	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**)  <u>ABOVE SERVED WITH TATER STARS (Optional)</u>	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**)  <u>ABOVE SERVED WITH TATER STARS (Optional)</u>	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**)  <u>ABOVE SERVED WITH TATER STARS (Optional)</u>	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**)  <u>ABOVE SERVED WITH TATER STARS (Optional)</u>	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**)  <u>ABOVE SERVED WITH TATER STARS (Optional)</u>
	<u>OR</u>	<u>OR</u>	<u>OR</u>	<u>OR</u>	<u>OR</u>
<b>WEEKS OF:</b> <b>1/14/19 - 1/18/19</b> <b>&amp;</b> <b>1/28/19 - 2/1/19</b>	Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) Scrambled Eggs (**) <i>(Above 4 comes with 1 choice of grain below)</i>	Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) Scrambled Eggs (**) <i>(Above 4 comes with 1 choice of grain below)</i>	Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) Scrambled Eggs (**) <i>(Above 4 comes with 1 choice of grain below)</i>	Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) Scrambled Eggs (**) <i>(Above 4 comes with 1 choice of grain below)</i>	Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) Scrambled Eggs (**) <i>(Above 4 comes with 1 choice of grain below)</i>
	<u>OR</u>	<u>OR</u>	<u>OR</u>	<u>OR</u>	<u>OR</u>
	<u>CHOICE OF TWO BELOW</u>	<u>CHOICE OF TWO BELOW</u>	<u>CHOICE OF TWO BELOW</u>	<u>CHOICE OF TWO BELOW</u>	<u>CHOICE OF TWO BELOW</u>
	Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**)	Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**)	Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**)	Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**)	Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**)
	<b>ALL OF THE ABOVE SERVED WITH:</b> Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	<b>ALL OF THE ABOVE SERVED WITH:</b> Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	<b>ALL OF THE ABOVE SERVED WITH:</b> Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	<b>ALL OF THE ABOVE SERVED WITH:</b> Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	<b>ALL OF THE ABOVE SERVED WITH:</b> Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk

**PLEASE NOTE:** Any menu item marked with (\*\*) is considered vegetarian.  
Menu items subject to change based on product availability.

**We highly encourage you to monitor your child's account free of charge on [www.paypams.com](http://www.paypams.com)  
Please feel free to contact [sylvia.pelchat@tvcs.org](mailto:sylvia.pelchat@tvcs.org) with any questions you may have or if you would like to put a restriction on your child's account.**

**In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.**