

GRADES 4 - 12 BREAKFAST MENU

MARCH 2019

Student Breakfast \$1.75 Adult Breakfast \$2.50 Extra Milk or Juice .40 Water & Flavored Water \$.75 cents Bottled Juices \$1.00

	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
WEEKS OF: 3/4/19 - 3/8/19 & 3/25/19 - 3/29/19	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>
	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <u>ABOVE SERVED WITH TATER STARS (Optional)</u> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <u>CHOICE OF TWO BELOW</u> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <u>ABOVE SERVED WITH TATER STARS (Optional)</u> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <u>CHOICE OF TWO BELOW</u> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <u>ABOVE SERVED WITH TATER STARS (Optional)</u> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <u>CHOICE OF TWO BELOW</u> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <u>ABOVE SERVED WITH TATER STARS (Optional)</u> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <u>CHOICE OF TWO BELOW</u> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	French Toast Sticks (**) Popcorn Chicken Bites Waffles(**) <u>ABOVE SERVED WITH TATER STARS (Optional)</u> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <u>CHOICE OF TWO BELOW</u> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) FRIDAY SPECIAL Coach Pop's Breakfast Bowl ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk
WEEK OF: 3/11/19 - 3/14/19	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>	<u>CHOICE OF ONE ENTRÉE</u>
	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <u>ABOVE SERVED WITH TATER STARS (Optional)</u> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <u>CHOICE OF TWO BELOW</u> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <u>ABOVE SERVED WITH TATER STARS (Optional)</u> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <u>CHOICE OF TWO BELOW</u> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <u>ABOVE SERVED WITH TATER STARS (Optional)</u> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <u>CHOICE OF TWO BELOW</u> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <u>ABOVE SERVED WITH TATER STARS (Optional)</u> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <u>CHOICE OF TWO BELOW</u> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk	Sausage & Egg Tornado Cinnamon Roll (**) Pancakes (**) <u>ABOVE SERVED WITH TATER STARS (Optional)</u> OR Turkey Sausage Patty Non-Fat Yogurt (**) Cheese Stick (**) (Above 3 comes with 1 choice of grain below) OR <u>CHOICE OF TWO BELOW</u> Nutrigrain Breakfast Bar (**) Assorted Muffins (**) Nature Valley Oats & Honey Bar (**) Assorted Cereal (**) Super Whole Grain Cocoa Donut (**) FRIDAY SPECIAL Ham, Egg & Cheese Croissant ALL OF THE ABOVE SERVED WITH: Fruit of the Day and/or 100% Juice 1% White Milk or Non-Fat Chocolate Milk

PLEASE NOTE: Any menu item marked with (**) is considered vegetarian.
Menu items subject to change based on product availability.

**We highly encourage you to monitor your child's account free of charge on www.paypams.com
Please feel free to contact sylvia.pelchat@tvcs.org with any questions you may have or if you would like to put a restriction on your child's account.**

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.