

GRADES 4 - 8 FOOD COURT MENU

MARCH 2019

STUDENT LUNCH \$2.75 ADULT LUNCH \$3.50 ALA-CARTE ITEMS: Bottled Juices \$1.00 Bottled Water: \$.75 Extra Fruit: .75 cents Extra Vegetables: .75 cents

All meals are served with vegetable and fruit and/or 100% juice of the day along with 1% White Milk or Non-Fat Chocolate Milk.

WEEK OF: 3/4/19 - 3/8/19	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
	1) STUFFED CHEESE LASAGNA W/MARINARA & GARLIC TOAST 2) ITALIAN GRILLED CHEESE W/MARINARA 3) STUFFED CRUST CHEESE OR PEPPERONI PIZZA <u>ABOVE MEALS SERVED WITH THE FOLLOWING VEGETABLES:</u> Monday: Steamed Carrots or Carrot Dippers Tuesday: Baked Beans or Cole Slaw Wednesday: Side Caesar Salad or Steamed Broccoli Thursday: Green Beans or Baked Beans Friday: Curly Fries or Mashed Potatoes	1) COACH POP'S POPCORN CHICKEN BOWL W/GARLIC TOAST 2) GRILLED CHEESE & BROCCOLI CHEESE SOUP 3) FRENCH BOWL (Contains braised beef over mashed potatoes & served with gravy) <u>ABOVE MEALS SERVED WITH THE FOLLOWING VEGETABLES:</u> Monday: Steamed Carrots or Carrot Dippers Tuesday: Baked Beans or Cole Slaw Wednesday: Side Caesar Salad or Steamed Broccoli Thursday: Green Beans or Baked Beans Friday: Curly Fries or Mashed Potatoes	1) DORITO LOCO WALKING TACO W/SALSA 2) FIREBIRD BITE CHICKEN SANDWICH 3) DINGMAN'S HONEY ZINGY WINGS W/GARLIC TOAST <u>ABOVE MEALS SERVED WITH THE FOLLOWING VEGETABLES:</u> Monday: Steamed Carrots or Carrot Dippers Tuesday: Baked Beans or Cole Slaw Wednesday: Side Caesar Salad or Steamed Broccoli Thursday: Green Beans or Baked Beans Friday: Curly Fries or Mashed Potatoes	1) BUFFALO CHICKEN SALAD 2) GRILLED CHICKEN CAESAR SALAD 3) GARDEN SALAD (**) (4) TRISHA'S TURKEY/BACON/CHEESE SUB 5) MUNCHABLE HAM LUNCHABLE 6) THE TREE HUGGER GLUTEN FREE LUNCH BOX (**) 7) PBJ LUNCH BOX (**) <u>ABOVE MEALS SERVED WITH THE FOLLOWING SIDES:</u> Mon: Baked Beans Tues: Broccoli Dippers w/Ranch Weds: Carrot Dippers w/Ranch Thurs: Cucumber Dippers w/Ranch Fri: Chef's Choice
ITALIAN STATION	AMERICAN STATION	INTERNATIONAL STATION	SUB/SALAD STATION	
WEEK OF: 3/11/19 - 3/14/19	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
	1) CHEESE (**) OR PEPPERONI PIZZA 2) HOT ITALIAN PANINI 3) HOT MEATBALL HOAGIE BASKET W/CHIPS & MINI RICE KRISPIE TREAT <u>ABOVE MEALS SERVED WITH THE FOLLOWING VEGETABLES:</u> Monday: Steamed Carrots or Carrot Dippers Tuesday: Baked Beans or Cole Slaw Wednesday: Side Caesar Salad or Steamed Broccoli Thursday: Green Beans or Baked Beans Friday: Curly Fries or Mashed Potatoes	1) SOUTHERN STYLE CHICKEN DIPPERS W/GARLIC TOAST 2) BUFFABURGER W/CHEESE 3) BACON & CHEDDAR TATER SKINS W/RANCH & GARLIC TOAST <u>ABOVE MEALS SERVED WITH THE FOLLOWING VEGETABLES:</u> Monday: Steamed Carrots or Carrot Dippers Tuesday: Baked Beans or Cole Slaw Wednesday: Side Caesar Salad or Steamed Broccoli Thursday: Green Beans or Baked Beans Friday: Curly Fries or Mashed Potatoes	1) MACHO NACHO 2) EGG ROLL W/CHICKEN FRIED RICE (3) GENERAL T'S SWEET & SOUR CHICKEN BOWL W/FRIED RICE <u>ABOVE MEALS SERVED WITH THE FOLLOWING VEGETABLES:</u> Monday: Steamed Carrots or Carrot Dippers Tuesday: Baked Beans or Cole Slaw Wednesday: Side Caesar Salad or Steamed Broccoli Thursday: Green Beans or Baked Beans Friday: Curly Fries or Mashed Potatoes	1) SWEET APPLE FRIED CHICKEN SALAD 2) CHEF SALAD 3) GARDEN SALAD (**) (4) BUFFALO CHICKEN WRAP 5) MUNCHABLE HAM LUNCHABLE 6) HAMMY WHAMMY GLUTEN FREE LUNCH BOX(**) 7) PBJ LUNCH BOX (**) <u>ABOVE MEALS SERVED WITH THE FOLLOWING SIDES:</u> Mon: Baked Beans Tues: Broccoli Dippers w/Ranch Weds: Carrot Dippers w/Ranch Thurs: Cucumber Dippers w/Ranch Fri: Chef's Choice
ITALIAN STATION	AMERICAN STATION	INTERNATIONAL STATION	SUB/SALAD STATION	
WEEK OF: 3/25/19 - 3/29/19	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
	1) BOSCO STICKS W/MARINARA (**) 2) SPAGHETTI & MEATBALLS 3) MEATLOVER'S PIZZA <u>ABOVE MEALS SERVED WITH THE FOLLOWING VEGETABLES:</u> Monday: Steamed Carrots or Carrot Dippers Tuesday: Baked Beans or Cole Slaw Wednesday: Side Caesar Salad or Steamed Broccoli Thursday: Green Beans or Baked Beans Friday: Curly Fries or Mashed Potatoes	1) BONELESS FIREBIRD BITES W/RANCH & GARLIC TOAST 2) OVEN FRIED CHICKEN 3) HEBREW NATIONAL ALL BEEF GRILLED HOUNDDOG BASKET W/CHIPS & MINI RICE KRISPIE TREAT <u>ABOVE MEALS SERVED WITH THE FOLLOWING VEGETABLES:</u> Monday: Steamed Carrots or Carrot Dippers Tuesday: Baked Beans or Cole Slaw Wednesday: Side Caesar Salad or Steamed Broccoli Thursday: Green Beans or Baked Beans Friday: Curly Fries or Mashed Potatoes	1) CHICKEN BACON RANCH QUESADILLA 2) STEAK TORNADOS WITH SALSA OR RANCH DRESSING 3) BIG BUFFALO BREAKFAST PLATTER <u>ABOVE MEALS SERVED WITH THE FOLLOWING VEGETABLES:</u> Monday: Steamed Carrots or Carrot Dippers Tuesday: Baked Beans or Cole Slaw Wednesday: Side Caesar Salad or Steamed Broccoli Thursday: Green Beans or Baked Beans Friday: Curly Fries or Mashed Potatoes	1) FRIED CHICKEN SALAD 2) GRILLED CHICKEN BLT SALAD 3) GARDEN SALAD (**) 4) HAM & CHEESE CROISSANT 5) MUNCHABLE TURKEY LUNCHABLE 6) TOOTIE FRUITIE GLUTEN FREE LUNCH BOX (**) 7) PBJ LUNCH BOX (**) <u>ABOVE MEALS SERVED WITH THE FOLLOWING SIDES:</u> Mon: Baked Beans Tues: Broccoli Dippers w/Ranch Weds: Carrot Dippers w/Ranch Thurs: Cucumber Dippers w/Ranch Fri: Chef's Choice
ITALIAN STATION	AMERICAN STATION	INTERNATIONAL STATION	SUB/SALAD STATION	

PLEASE NOTE: Any menu item marked with (**) is considered vegetarian.

Menu items subject to change based on product availability.

We highly encourage you to monitor your child's account free of charge on www.paypams.com

Please feel free to contact sylvia.pelchat@tvcs.org with any questions you may have or if you would like to put a restriction on your child's account.

For information regarding our meal charge limit, please refer to our "Meal Charge Policy" under the Food Service link on our website: www.tvcs.org.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.