

GRADES K - 3 LUNCH MENU

MARCH 2019

AVAILABLE ON A DAILY BASIS: Chef Salad; Garden Salad (); PBJ Lunch Box(**); Tootie Fruite Gluten Free Lunch Box (** - - Contains Chex honey nut cereal, yogurt, fresh fruit cup, string cheese, vegetable of the day)**

Student Lunch \$2.50 Adult Lunch \$3.50 Extra Milk or Juice .40 8 oz. Water .40 Extra PBJ Sandwich \$1.25 Extra Fruit .75 cents

(All of the above served with choice of vegetable and/or fruit of the day, assorted milk and or juice)

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
3	4 Dorito Loco Walking Taco w/Salsa Green Beans Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	5 Super Cheesy Flatbread w/Marinara Sauce (**) Side Caesar Salad Fresh Fruit of the Day Jello Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	6 French Toast Sticks Turkey Sausage Patty Smiley Taters Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	7 Munchable Lunchable Box (contains ham, cheese, crackers, carrots with hummus cup, craisins, and chocolate chip cookie) 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	8 Homestyle Chicken Tenders Mashed Potatoes Steamed Broccoli Fresh Fruit of the Day 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	9
10	11 Buffaburger w/Cheese Smiley Taters Baked Beans Fresh Fruit of the Day 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	12 Steak Tornados w/Salsa or Ranch Dressing Carrot Dippers Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	13 Crispy Chicken Sandwich Steamed Green Beans Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	14 NO SALADS AVAILABLE TODAY Cheese Pizza (**) Steamed Broccoli Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	15 NO SCHOOL TEACHER PROFESSIONAL DAY	16
17	18	SPRING BREAK		21	22	23
24	25 Homestyle Chicken Tenders & Waffles w/Maple Syrup Baked Beans Warm Country Apples 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	26 Mini Chicken Corn Dogs w/Sun Chips Celery Dippers w/Ranch Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	27 Spaghetti w/Meatballs Side Caesar Salad Assorted Fruit Cup Chocolate Pudding Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	28 Popcorn Chicken Bowl (Contains Popcorn Chicken, Corn, Cheese Mashed Potatoes & Country Gravy) Garlic Toast Assorted Fruit Cup 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	29 Cheesy Stuffed Breadsticks (**) w/Marinara Sauce Steamed Carrots Fresh Fruit of the Day 1% White Milk or Non-Fat Chocolate Milk 100% Apple or Orange Juice	30

PLEASE NOTE: Any menu item marked with (**) is considered vegetarian.
Menu items subject to change based on product availability.

**We highly encourage you to monitor your child's account free of charge on www.paypams.com
Please feel free to contact sylvia.pelchat@tvcs.org with any questions you may have or if you would like to put a restriction on your child's account.**

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