






# APRIL

**Apr 7th - May 2nd**  
 Week #1: 7th - 11th  
 Week #2: 14th - 18th  
 Week #3: 21st - 25th  
 Week #4: 28th - 2nd

## K - 3RD Grade Food Court Menu

Choose **THREE OR MORE COLORS** for a complete meal. One must be **RED** or **GREEN**.

				
meat/meat alternative	grain	vegetable	fruit*	milk

### Hot Entrees

Choose from several fruit and veggie choices daily

### BIG DADDY'S CHEESE



### Big Daddy's Pepperoni

### Buff-A-Burger

100% all beef burger w/american cheese



### French Toast Breakfast Platter

Served with Chicken Sausage & a Hash Brown !!

### Hot Diggity Dog !!!

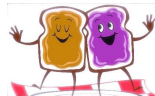


### Cold Entrees

Choose from several fruit and veggie choices daily



Sliced apples w/peanut butter, cheesestick, WGR tortilla chips and salsa \*Gluten Free



### PEANUT BUTTER & JELLY



### Garden Salad

Romaine lettuce served w/ grape tomatoes, carrots, egg, Shredded Cheddar, ranch dressing & WG Goldfish crackers or equiv.

### Turkey & Cheese Sandwich



Students can choose 1% white **milk** -or- non-fat chocolate milk (1 cup eq)

\*All fruits are served as 1/2 cup servings. At least half of the fruits consumed per day should come from whole fruits (fresh, canned, frozen or dried). Students can choose up to TWO 1/2 cup servings of FRESH or cupped fruit and/or hot or cold vegetables every day

A **food component** is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal. These are protein, grains, vegetables, fruit and fluid milk\*

A **food item** is a specific food offered within the food components, for example, 2 slices of whole grain-rich bread, 1 cup of grapes, and 1 cup of milk. This meal meets OVS lunch requirements because three food components are selected out of the five food items offered.

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 fax:  
 (833) 256-1665 or (202) 690-7442; or  
 email:  
[Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

This institution is an equal opportunity provider.



### What Makes A LUNCH

SELECT 3-5 ITEMS:



GRAINS  
PROTEIN



VEGGIE

FRUIT

one must be a

FRUIT

or

VEGGIE