



## COLD ENTREES

### Tuttie Fruitie

A delicious gluten free box containing fresh fruit, string cheese, non-fat yogurt, fresh carrots and a gluten free cereal box. It is served with a ranch packet.

### Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

### Ham & Cheese Sandwich

Sliced deli ham and American cheese layered between two whole grain slices of bread. Served with a mayonnaise packet.

### Garden Salad

Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and goldfish crackers. Comes with a pick your protein choice below.

### Pick your Protein !!!

Choose from a variety of protein options to complete your garden salad !!!



## HOT ENTREES

### Cheesy Stuffed Breadsticks

Boscós are back !! Two oven baked soft breadsticks stuffed with real mozzarella cheese served with marinara sauce.

### Hot Dogs

100% pure beef hot dog served on a whole grain bun. Served with a ketchup packet

### Chicken Tenders

Golden crispy whole muscle tenderloins baked to perfection. Serves with a dinner roll and a sauce cup.

## WEEKLY SPECIALS

### Homemade Macaroni & Cheese

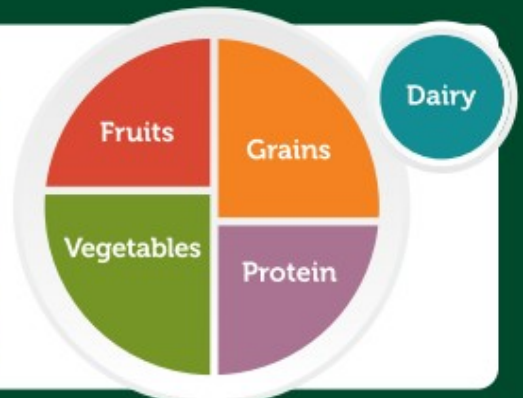
Freshly cooked whole grain elbow macaroni served with homemade ooey gooey cheese sauce. Oven baked with garlic herb spices, bread crumbs and parmesan cheese on top.

## WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

**P** PROTEIN **G** GRAIN **V** VEGETABLES **F** FRUIT **D** DAIRY

- Choose 3-5 items (one must be a **FRUIT** or **VEGGIE**):
- Up to 2 **FRUIT** and/or **VEGETABLES** every day
- 1% white **MILK** or non-fat chocolate **MILK**



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