MENU SEPTEMBER



COLDENTREES

Tuttie Fruitie

A delicious gluten free box containing fresh fruit, string cheese, non fat yogurt, fresh carrots and a cereal box. Served with a ranch packet.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

HOT ENTREES

Pizza

Big Daddy's cheese pizza that is baked to perfection

Grilled Cheese

Cheddar Cheese sandwiched between two whole grain slices of bread and heated until gooey.

fruits & veggies

Broccoli Baked Beans Apple Sauce

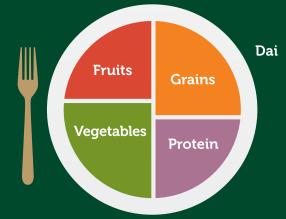
Carrots Green Beans Grapes

Mashed Potatoes Strawberries Apples

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

🕑 PROTEIN 🜀 GRAIN 🚺 VEGETABLES 🕞 FRUIT 🗅 DAIRY

- Choose 3-5 items (one must be a FRUIT or VEGGIE):
- Up to 2 FRUIT and/or VEGETABLES every day
- 1% white MILK or non-fat chocolate MILK



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