



COLD ENTREES

Tree Hugger Gluten Free Lunchbox

A gluten free lunchbox containing fresh fruit, tortilla rounds, mozzarella stick, salsa and peanut butter.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Turkey & Cheese Sandwich

Sliced deli turkey and American cheese layered between two whole grain slices of bread. Served with a mayonnaise packet.

Garden Salad

Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and goldfish crackers. Comes with a pick your protein choice below.

Pick your Protein !!!

Choose from a variety of protein options to complete your garden salad !!!

HOT ENTREES

Cheesy Stuffed Breadsticks

Boscas are back!! Two oven baked soft breadsticks stuffed with real mozzarella cheese served with marinara sauce.

Crispy Chicken Sandwich

A breaded white meat chicken patty baked until golden on a whole wheat bun. Served with mayonnaise.

Breakfast Platter

Four French toast sticks served with a chicken sausage patty and a hash brown. Includes a ketchup packet and syrup.

WEEKLY SPECIALS

Although the K-3 schools don't have weekly specials, you will occasionally find managers specials available.

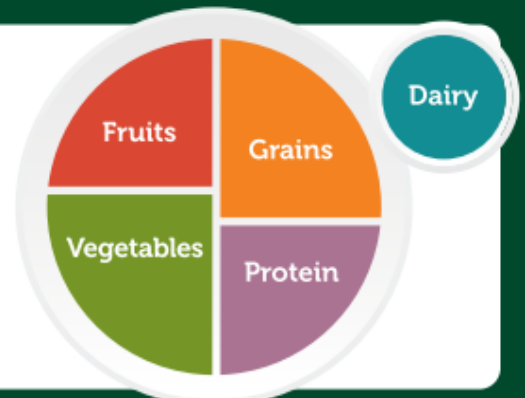


WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN **G** GRAIN **V** VEGETABLES **F** FRUIT **D** DAIRY

- Choose 3-5 items (one must be a **FRUIT** or **VEGGIE**):
- Up to 2 **FRUIT** and/or **VEGETABLES** every day
- 1% white **MILK** or non-fat chocolate **MILK**



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