

COLD ENTREES

Tree Hugger Gluten Free

A gluten free lunchbox containing fresh fruit, tortilla rounds, mozzarella stick, salsa and peanut butter.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

HOT ENTREES

Pizza

Big Daddy's cheese pizza that is baked to perfection

Grilled Cheese

Cheddar Cheese sandwiched between two whole grain slices of bread and heated until gooey.



FRUITS & VEGGIES

Broccoli

Baked Beans

Apple Slices

Carrots

Green Beans

Grapes

Mashed Potatoes

Apples

Strawberries

WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN **G** GRAIN **V** VEGETABLES **F** FRUIT **D** DAIRY

- Choose 3-5 items (one must be a **FRUIT** or **VEGGIE**):
- Up to 2 **FRUIT** and/or **VEGETABLES** every day
- 1% white **MILK** or non-fat chocolate **MILK**

