# November Oct 27th—Nov





## COLD ENTREES

### **Tree Hugger Gluten Free Lunchbox**

A gluten free lunchbox containing fresh fruit, tortilla rounds, mozzarella stick, salsa and peanut butter.

### **Peanut Butter & Jelly**

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

### **Turkey & Cheese Sandwich**

Sliced deli turkey and American cheese layered between two whole grain slices of bread. Served with a mayonnaise packet.

### Garden Salad

Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and goldfish crackers. Comes with a pick your protein choice below.

### **Pick your Protein !!!**

Choose from a variety of protein options to complete your garden salad !!!

# HOT ENTREES

### **Cheesy Stuffed Breadsticks**

Boscos are back!! Two oven baked soft breadsticks stuffed with real mozzarella cheese served with marinara sauce.

### **Crispy Chicken Sandwich**

A breaded white meat chicken patty baked until golden on a whole wheat bun. Served with mayonnaise.

#### Breakfast Platter

Four French toast sticks served with a chicken sausage patty and a hash brown. Includes a ketchup packet and syrup.

## weekly specials

Although the K-3 schools don't have weekly specials, you will occasionally find managers specials available.

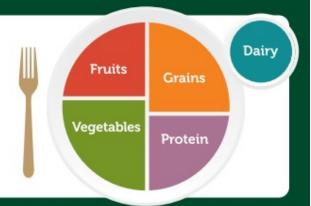


### WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

### PROTEIN G GRAIN V VEGETABLES FRUIT D DAIRY

- Choose 3-5 items (one must be a FRUIT or VEGGIE):
- Up to 2 FRUIT and/or VEGETABLES every day
- 1% white MILK or non-fat chocolate MILK



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