MENU December 15th—19th





COLD ENTREES

Tuttie Fruitie

A delicious gluten free box containing fresh fruit, string cheese, non-fat yogurt, fresh carrots and a gluten free cereal box. It is served with a ranch cup.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Ham & Cheese Sandwich

Sliced deli ham and American cheese lavered between two whole grain slices of bread. Served with a mayonnaise packet.

Garden Salad

Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and goldfish crackers. Comes with a pick your protein choice below.

Pick your Protein !!!

Choose from a variety of protein options to complete your garden salad !!!

HOT ENTREES

Cheese Pizza

Big Daddy's cheese pizza baked to perfection

Pepperoni Pizza

Big Daddy's pizza topped with pepperoni slices and then baked to perfection

Buffaburger with Cheese

100% pure beef patty grilled till it's juice and then topped with cheese and served on a whole wheat bun. Served with ketchup.

Taco Box

100% pure ground beef cooked with taco seasoning served with 2 whole wheat tortillas. Comes with cheddar cheese and taco sauce.

weekly specials

Although the K-3 schools don't have weekly specials, you will occasionally find managers specials available.

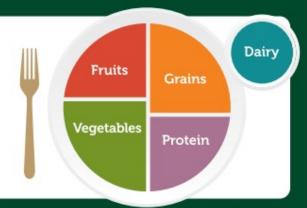


WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

PROTEIN G GRAIN VEGETABLES FRUIT D DAIRY

- Choose 3-5 items (one must be a FRUIT or VEGGIE):
- Up to 2 FRUIT and/or VEGETABLES every day
- 1% white MILK or non-fat chocolate MILK



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