# January



### COLDENTREES

### **Tree Hugger Gluten Free**

A gluten free lunchbox containing fresh fruit, tortilla rounds, mozzarella stick, salsa and peanut butter.

### **Peanut Butter & Jelly**

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

## HOT ENTREES

#### Pizza

Big Daddy's cheese pizza that is baked to perfection

#### **Grilled Cheese**

Cheddar Cheese sandwiched between two whole grain slices of bread and heathed until gooey.



### FRUITS & VEGGIES

Broccoli Baked Beans Apple Slices

Carrots Green Beans Grapes

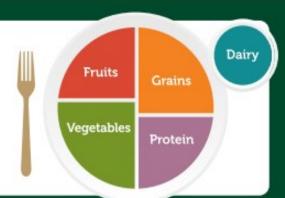
Mashed Potatoes Apples Strawberries

### WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.



- . Choose 3-5 items (one must be a FRUIT or VEGGIE):
- Up to 2 FRUIT and/or VEGETABLES every day
- 1% white MILK or non-fat chocolate MILK



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