

COLD ENTREES

Tuttie Fruity

A delicious gluten free box containing fresh fruit, string cheese, non fat yogurt, fresh carrots and a cereal box. Served with a ranch packet.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

HOT ENTREES

Pizza

Big Daddy's cheese pizza that is baked to perfection.

Popcorn Chicken

Ten all natural nuggets made with white & dark meat chicken and breaded with whole grain. Baked to perfection.



FRUITS & VEGGIES

Broccoli

Carrots

Mashed Potatoes

Baked Beans

Green Beans

Apples

Apple Slices

Grapes

Strawberries

WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN **G** GRAIN **V** VEGETABLES **F** FRUIT **D** DAIRY

- Choose 3-5 items (one must be a **FRUIT** or **VEGGIE**):
- Up to 2 **FRUIT** and/or **VEGETABLES** every day
- 1% white **MILK** or non-fat chocolate **MILK**

