

COLD ENTREES

Tuttie Fruity

A delicious gluten free box containing fresh fruit, string cheese, non-fat yogurt, fresh carrots and a gluten free cereal box. It is served with ranch.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Ham & Cheese Sandwich

Sliced deli ham and American cheese layered between two whole grain slices of bread. Served with a mayonnaise packet.

Garden Salad

Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and a dinner roll. Comes with a pick your protein choice below.

Pick your Protein !!!

Choose from chicken, hard boiled egg and deli meat to put on your salad. One comes with your salad. Other options may be available.

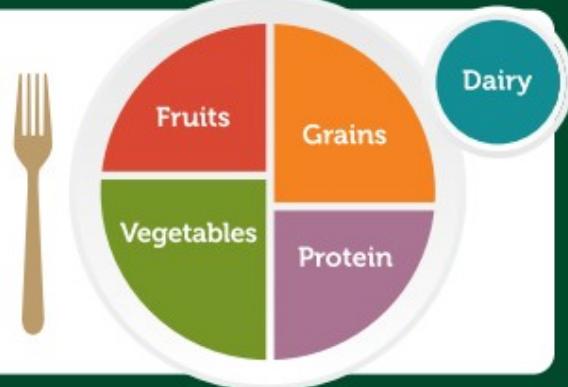


WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN G GRAIN V VEGETABLES F FRUIT D DAIRY

- Choose 3-5 items (one must be a **FRUIT** or **VEGGIE**):
- Up to 2 **FRUIT** and/or **VEGETABLES** every day
- 1% white **MILK** or non-fat chocolate **MILK**



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