



COLD ENTREES

Tuttie Fruitie

A delicious gluten free box containing fresh fruit, string cheese, non-fat yogurt, fresh carrots and a gluten free cereal box. It is served with ranch.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Ham & Cheese Sandwich

Sliced deli ham and American cheese layered between two whole grain slices of bread. Served with a mayonnaise packet.

Garden Salad

Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and a dinner roll. Comes with a pick your protein choice below.

Pick your Protein !!!

Choose from chicken, hard boiled egg and deli meat to put on your salad. One comes with your salad. Other options may be available.



HOT ENTREES

Cheese Pizza

Big Daddy's cheese pizza baked to perfection

Pepperoni Pizza

Big Daddy's pizza topped with pepperoni slices and then baked to perfection

Grilled Cheese Sandwich

Fresh baked whole grain bread is filled with a blend of mozzarella and reduced fat and sodium cheese before being grilled to golden brown

Spaghetti & Meatballs

Whole grain spaghetti, covered with homemade Italian seasoned tomato sauce topped with meatballs and shredded mozzarella.

WEEKLY SPECIALS

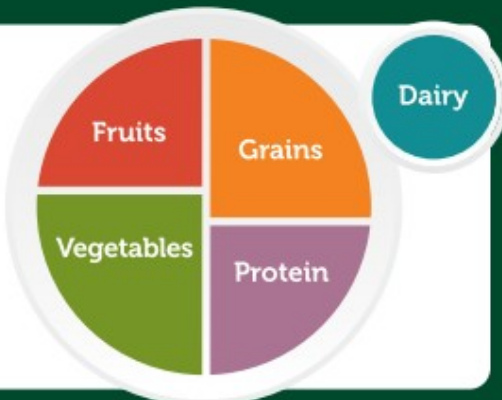
Although the K-3 schools don't have weekly specials, you will occasionally find managers specials available.

WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN **G** GRAIN **V** VEGETABLES **F** FRUIT **D** DAIRY

- Choose 3-5 items (one must be a **FRUIT** or **VEGGIE**):
- Up to 2 **FRUIT** and/or **VEGETABLES** every day
- 1% white **MILK** or non-fat chocolate **MILK**



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity.