



COLD ENTREES

Tuttie Fruitie

A delicious gluten free box containing fresh fruit, string cheese, non-fat yogurt, fresh carrots and a gluten free cereal box. It is served with ranch.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Ham & Cheese Sandwich

Sliced deli ham and American cheese layered between two whole grain slices of bread. Served with a mayonnaise packet.

Garden Salad

Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and a dinner roll. Comes with a pick your protein choice below.

Pick your Protein !!!

Choose from chicken, hard boiled egg and deli meat to put on your salad. One comes with your salad. Other options may be available.



HOT ENTREES

Cheesy Stuffed Breadsticks

Boscós are back !! Two oven baked soft breadsticks stuffed with real mozzarella cheese. Served with marinara sauce

Buffaburger with Cheese

100% pure beef patty grilled till it's juice and then topped with cheese and served on a whole wheat bun. Served with ketchup.

Homemade Macaroni & Cheese

Freshly cooked whole grain elbow macaroni served with homemade ooey gooey cheese sauce. Oven baked with garlic herb spices, bread crumbs and parmesan cheese on top.

WEEKLY SPECIALS

Chicken Parmesan Sandwich

A breaded chicken patty baked to perfection, smothered with marinara sauce and mozzarella cheese served on a whole grain bun.

WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN **G** GRAIN **V** VEGETABLES **F** FRUIT **D** DAIRY

- Choose 3-5 items (one must be a **FRUIT** or **VEGGIE**):
- Up to 2 **FRUIT** and/or **VEGETABLES** every day
- 1% white **MILK** or non-fat chocolate **MILK**

