

COLD ENTREES

Tuttie Fruitie

A delicious gluten free box containing fresh fruit, string cheese, non fat yogurt, fresh carrots and a cereal box. Served with a ranch packet.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

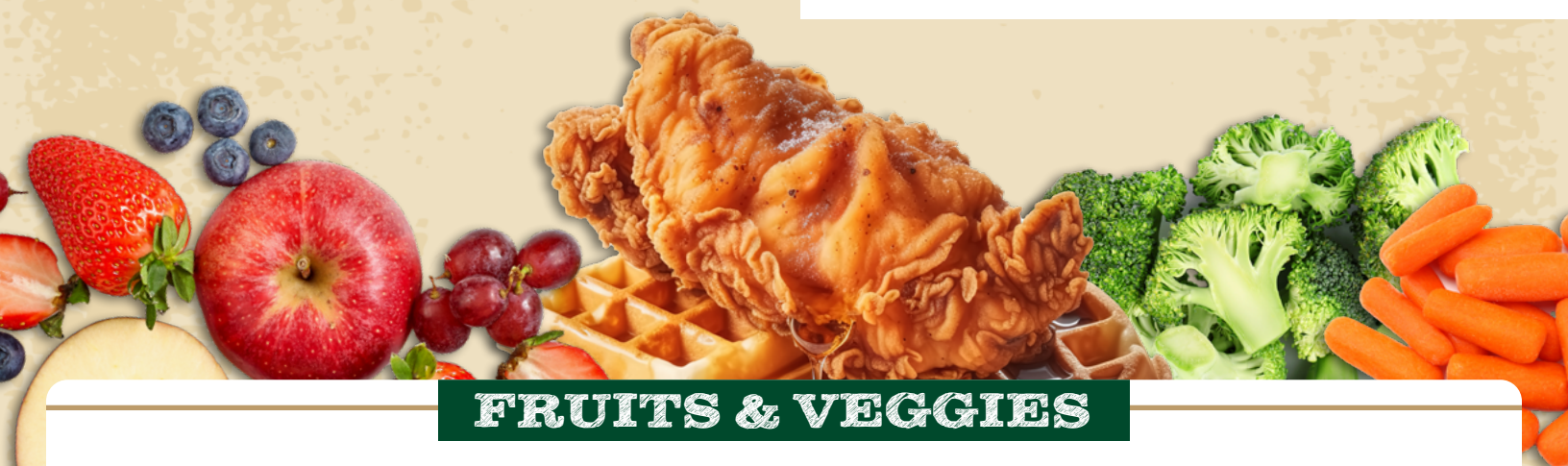
HOT ENTREES

Pizza

Big Daddy's cheese pizza that is baked to perfection.

Grilled Cheese

Cheddar Cheese sandwiched between two whole grain slices of bread and heated until gooey



FRUITS & VEGGIES

Broccoli

Carrots

Mashed Potatoes

Baked Beans

Green Beans

Apples

Apple Slices

Grapes

Strawberries

WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN **G** GRAIN **V** VEGETABLES **F** FRUIT **D** DAIRY

- Choose 3-5 items (one must be a **FRUIT** or **VEGGIE**):
- Up to 2 **FRUIT** and/or **VEGETABLES** every day
- 1% white **MILK** or non-fat chocolate **MILK**

