



COLD ENTREES

Tree Hugger Gluten Free Lunchbox

A gluten free lunchbox containing fresh fruit, tortilla rounds, mozzarella stick, salsa and peanut butter.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Turkey & Cheese Sandwich

Sliced deli turkey and American cheese layered between two whole grain slices of bread. Served with a mayonnaise packet.

Garden Salad

Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and goldfish crackers. Comes with a pick your protein choice below.

Pick your Protein !!!

Choose from chicken, hard boiled egg and deli meat to put on your salad. One comes with your salad. Other options may be available.



HOT ENTREES

Cheesy Stuffed Breadsticks

Boscós are back !! Two oven baked soft breadsticks stuffed with real mozzarella cheese. Served with marinara sauce

Hot Dog

100% pure beef hot dog served on a whole grain bun. Served with a ketchup packet.

Popcorn Chicken Bowl

A delicious bowl packed with a base of corn, mashed potatoes placed on top, and then covered with 10 golden brown popcorn chicken nuggets.

WEEKLY SPECIALS

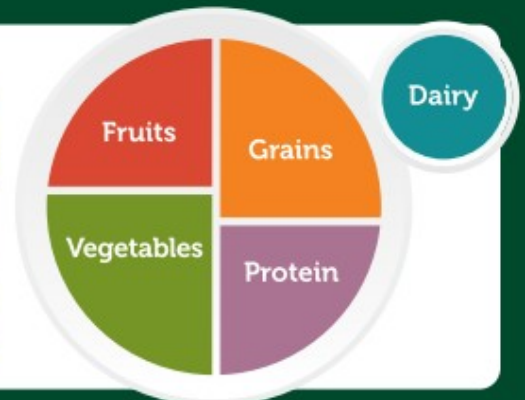
Although the K-3 schools don't have weekly specials, you will occasionally find managers specials available.

WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN **G** GRAIN **V** VEGETABLES **F** FRUIT **D** DAIRY

- Choose 3-5 items (one must be a **FRUIT** or **VEGGIE**):
- Up to 2 **FRUIT** and/or **VEGETABLES** every day
- 1% white **MILK** or non-fat chocolate **MILK**



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