



COLD ENTREES

Pick Your Protein Salad

Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and a dinner roll. Comes with a pick your protein choice below.

Pick Your Protein Choices

- | | |
|----------------------|-----------------|
| Grilled Chicken | Buffalo Chicken |
| Chef (Turkey or Ham) | Hard Boiled Egg |
| Crispy Chicken | |

Turkey & Cheese Sub

Sliced deli turkey and cheddar cheese layered on a whole grain sub roll. Served with a mayonnaise packet.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Tootie Fruitie

A delicious gluten free box containing fresh fruit, string cheese, Go-Gurt, fresh carrots and a gluten free cereal box. It is served with a ranch packet.

HOT ENTREES

Pepperoni Pull Apart Pizza

Pepperoni pizza breadsticks are made with a whole grain dough with a pepperoni pizza topping. The breadsticks have a light and chewy taste and homemade pizzeria flavor.

Boneless Wings with Roll

Artisan whole grain breaded whole muscle boneless chicken wings. Covered with Buffalo Wing Sauce and served with a dinner roll and a ranch cup.

Hot Dog

An all beef hot dog served on a whole grain bun. Comes with a ketchup packet.

Walking Taco

Ground beef cooked in taco seasoning and served with doritos, taco sauce and shredded cheddar.



WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN **G** GRAIN **V** VEGETABLES **F** FRUIT **D** DAIRY

- Choose 3-5 items (one must be a **FRUIT** or **VEGGIE**):
- Up to 2 **FRUIT** and/or **VEGETABLES** every day
- 1% white **MILK** or non-fat chocolate **MILK**

