



COLD ENTREES

Pick Your Protein Salad

Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and a dinner roll. Comes with a pick your protein choice below.

Pick Your Protein Choices

Chef (Turkey or Ham)

Hard Boiled Egg

Crispy Chicken

Ham & Cheese Club

Sliced deli ham and cheddar cheese layered on a whole grain sub roll. Served with a mayonnaise packet.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Tootie Fruitie

A delicious gluten free box containing fresh fruit, string cheese, Go-Gurt, fresh carrots and a gluten free cereal box. It is served with a ranch packet.

HOT ENTREES

Detroit Style Pizza

Thick, crispy-edged pizza with fluffy crust, melted mozzarella, and rich pizza sauce. Topped with pepperoni.

Chicken Tenders with Roll

Whole grain breaded boneless skinless chicken breast baked to perfection and served with a roll and a BBQ cup.

Italian Panini

Cuban Bread layered with ham, salami, pepperoni and topped with provolone cheese and pressed until golden brown.

Popcorn Chicken Bowl

Artisan whole grain breaded whole muscle boneless chicken over mashed potatoes topped with shredded cheddar and country gravy.

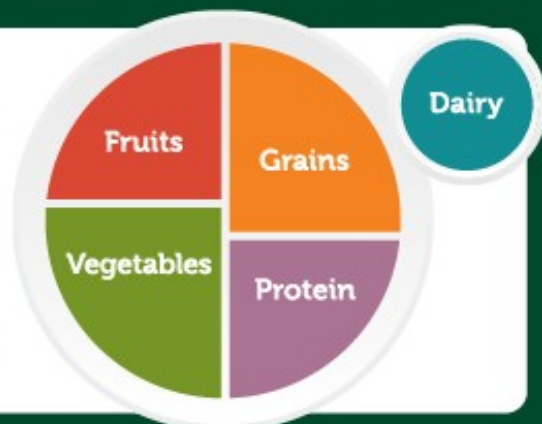


WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN **G** GRAIN **V** VEGETABLES **F** FRUIT **D** DAIRY

- Choose 3-5 items (one must be a **FRUIT** or **VEGGIE**):
- Up to 2 **FRUIT** and/or **VEGETABLES** every day
- 1% white **MILK** or non-fat chocolate **MILK**



USDA is an equal opportunity provider, employer and lender



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Pick Your Protein Choices

Chef (Turkey or Ham)

Hard Boiled Egg

Crispy Chicken

Chicken Tender Sub

Chicken tenders and provolone cheese stuffed into a whole grain sub roll. Served with a mayo packet.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Tootie Fruitle

A delicious gluten free box containing fresh fruit, string cheese, Go-Gurt, fresh carrots and a gluten free cereal box. It is served with a ranch packet.

HOT ENTREES

Cheese Pizza

Big Daddy's cheese pizza baked till golden brown.

Spicy Chicken Sandwich

A spicy crispy chicken patty served on a whole grain bun. Comes with a ranch packet.

Hot Ham & Cheese Croissant

A fluffy croissant covered with ham and melted provolone cheese, served with mayo.

Taco Bowl

Ground beef seasoned with taco seasoning served over rice topped with cheddar cheese. Comes with taco sauce and optional salsa.

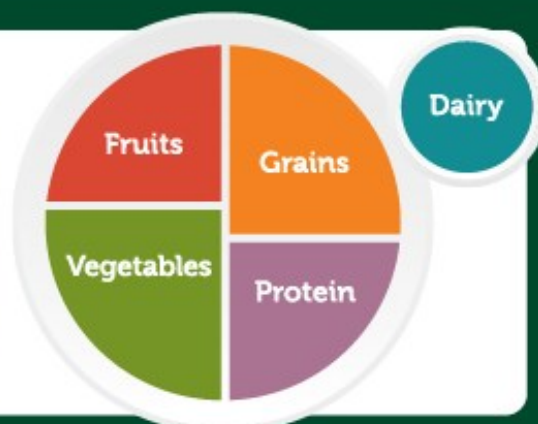


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