



COLD ENTREES

Pick Your Protein Salad

Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and a dinner roll. Comes with a pick your protein choice below.

Pick Your Protein Choices

hef (Turkey or Ham)

Hard Boiled Egg

Crispy Chicken

Turkey & Cheese Sub

Sliced deli turkey and cheddar cheese layered on a whole grain sub roll. Served with a mayonnaise packet.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Tootie Fruitle

A delicious gluten free box containing fresh fruit, string cheese, Go-Gurt, fresh carrots and a gluten free cereal box. It is served with a ranch packet.

HOT ENTREES

Pepperoni Pull Apart Pizza

Pepperoni pizza breadsticks are made with a whole grain dough with a pepperoni pizza topping. The breadsticks have a light and chewy taste and homemade pizzeria flavor.

Boneless Wings with Roll

Artisan whole grain breaded whole muscle boneless chicken wings. Covered with Buffalo Wing Sauce and served with a dinner roll and a ranch cup.

Hot Dog

An all beef hot dog served on a whole grain bun. Comes with a ketchup packet.

Walking Taco

Ground beef cooked in taco seasoning and served with doritos, taco sauce and shredded cheddar.

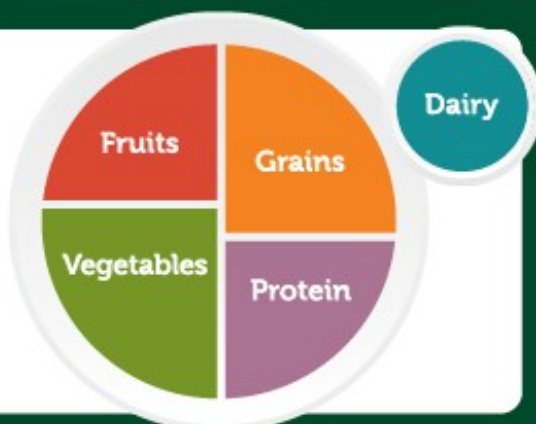


WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN **G** GRAIN **V** VEGETABLES **F** FRUIT **D** DAIRY

- Choose 3-5 items (one must be a **FRUIT** or **VEGGIE**):
- Up to 2 **FRUIT** and/or **VEGETABLES** every day
- 1% white **MILK** or non-fat chocolate **MILK**



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Chef (Turkey or Ham)

Hard Boiled Egg

Crispy Chicken

Buffalo Chicken Wrap

Sliced chicken tenders dipped in Buffalo sauce and shredded cheddar wrapped in a whole grain tortilla.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Tootie Fruitle

A delicious gluten free box containing fresh fruit, string cheese, Go-Gurt, fresh carrots and a gluten free cereal box. It is served with a ranch packet.

HOT ENTREES

Cheese Pizza

Big Daddy's cheese pizza baked till golden brown.

Crispy Chicken Sandwich

A crispy chicken patty served on a whole grain bun. Comes with mayo.

Buffaburger with Cheese

A seasoned 100% beef patty served on a whole grain bun topped with cheddar cheese and served with ketchup.

Spaghetti & Meatballs

Whole grain spaghetti topped with homemade tomato sauce, three meatballs and mozzarella cheese.

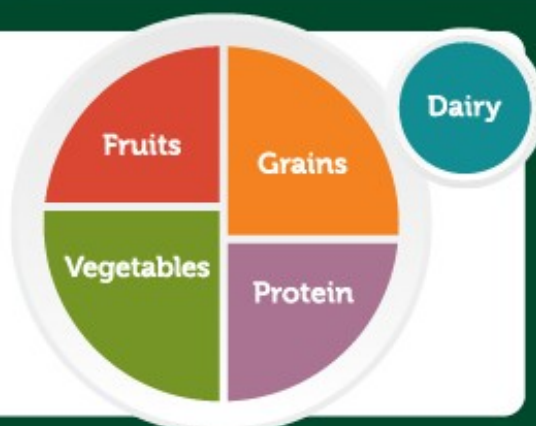


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Chef (Turkey or Ham)

Hard Boiled Egg

Crispy Chicken

Ham & Cheese Club

Sliced deli ham and cheddar cheese layered on a whole grain sub roll. Served with a mayonnaise packet.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Tootie Fruitle

A delicious gluten free box containing fresh fruit, string cheese, Go-Gurt, fresh carrots and a gluten free cereal box. It is served with a ranch packet.

HOT ENTREES

Detroit Style Pizza

Thick, crispy-edged pizza with fluffy crust, melted mozzarella, and rich pizza sauce. Topped with pepperoni.

Chicken Tenders with Roll

Whole grain breaded boneless skinless chicken breast baked to perfection and served with a roll and a BBQ cup.

Italian Panini

Cuban Bread layered with ham, salami, pepperoni and topped with provolone cheese and pressed until golden brown.

Popcorn Chicken Bowl

Artisan whole grain breaded whole muscle boneless chicken over mashed potatoes topped with shredded cheddar and country gravy.

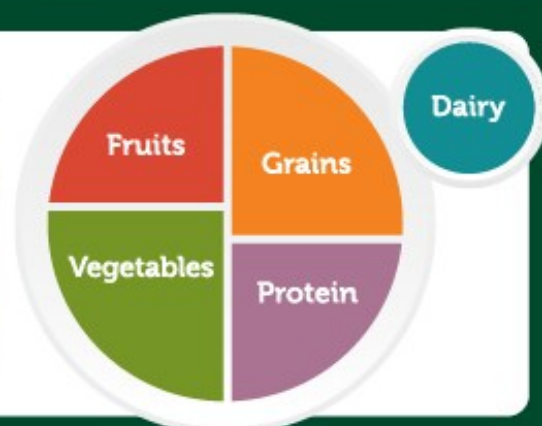


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Chef (Turkey or Ham)

Hard Boiled Egg

Crispy Chicken

Chicken Tender Sub

Chicken tenders and provolone cheese stuffed into a whole grain sub roll. Served with a mayo packet.

Peanut Butter & Jelly

Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Tootie Fruitle

A delicious gluten free box containing fresh fruit, string cheese, Go-Gurt, fresh carrots and a gluten free cereal box. It is served with a ranch packet.

HOT ENTREES

Cheese Pizza

Big Daddy's cheese pizza baked till golden brown.

Spicy Chicken Sandwich

A spicy crispy chicken patty served on a whole grain bun. Comes with a ranch packet.

Hot Ham & Cheese Croissant

A fluffy croissant covered with ham and melted provolone cheese, served with mayo.

Taco Bowl

Ground beef seasoned with taco seasoning served over rice topped with cheddar cheese. Comes with taco sauce and optional salsa.

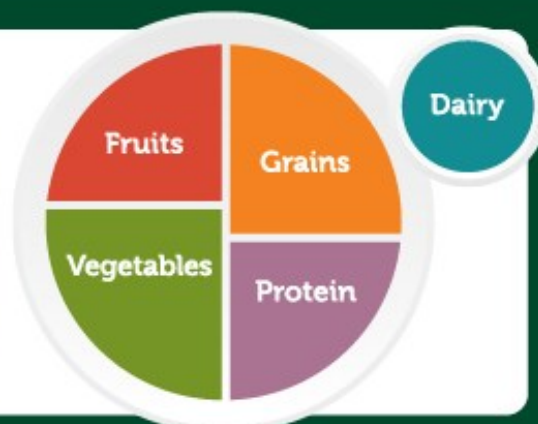


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