Lunch
MENU
WEEK: 1

DECEMBER
Dec 7th—Dec 11th

Grade
K-8

COLD ENTREES

Pick Your Protein Salad
Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and a dinner roll. Comes with a pick your protein choice below.

Pick Your Protein Choices
Chef (Turkey or Ham)
Hard Boiled Egg
Crispy Chicken

Turkey & Cheese Sub
Sliced deli turkey and cheddar cheese layered on a whole grain sub roll. Served with a mayonnaise packet.

Peanut Butter & Jelly
Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Tootie Fruitie
A delicious gluten free box containing fresh fruit, string cheese, Go-Gurt, fresh carrots and a gluten free cereal box. It is served with a ranch packet.

HOT ENTREES

Pepperoni Pull Apart Pizza
Pepperoni pizza breadsticks are made with a whole grain dough with a pepperoni pizza topping. The breadsticks have a light and chewy taste and homemade pizzeria flavor.

Boneless Wings with Roll
Artisan whole grain breaded whole muscle boneless chicken wings. Covered with Buffalo Wing Sauce and served with a dinner roll and a ranch cup.

Hot Dog
An all beef hot dog served on a whole grain bun. Comes with a ketchup packet.

Walking Taco
Ground beef cooked in taco seasoning and served with doritos, taco sauce and shredded cheddar.



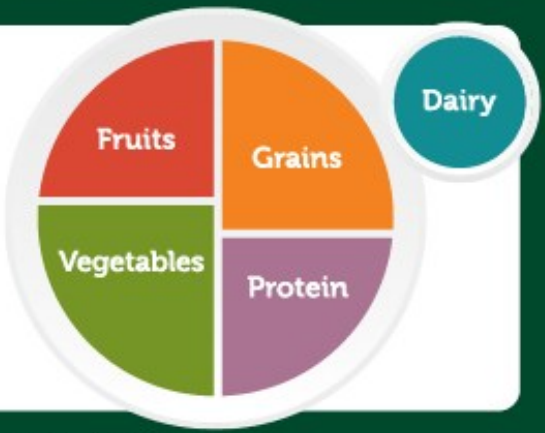
WHAT MAKES A COMPLETE MEAL:

A food item is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal.

P PROTEIN G GRAIN V VEGETABLES F FRUIT D DAIRY

- **Choose 3-5 items (one must be a FRUIT or VEGGIE):**
- **Up to 2 FRUIT and/or VEGETABLES every day**
- **1% white MILK or non-fat chocolate MILK**





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Lunch
MENU
WEEK: 2

DECEMBER
Dec 14th—Dec 18th

Grade
K-8

COLD ENTREES

Pick Your Protein Salad
Freshly cut romaine lettuce topped with carrots, grape tomatoes and shredded cheddar cheese. Served with a ranch cup and a dinner roll. Comes with a pick your protein choice below.

Pick Your Protein Choices
Chef (Turkey or Ham)
Hard Boiled Egg
Crispy Chicken

Buffalo Chicken Wrap
Sliced chicken tenders dipped in Buffalo sauce and shredded cheddar wrapped in a whole grain tortilla.

Peanut Butter & Jelly
Creamy peanut butter and grape jelly sandwiched between two whole grain slices of bread.

Tootie Fruitie
A delicious gluten free box containing fresh fruit, string cheese, Go-Gurt, fresh carrots and a gluten free cereal box. It is served with a ranch packet.

HOT ENTREES

Cheese Pizza
Big Daddy's cheese pizza baked till golden brown.

Crispy Chicken Sandwich
A crispy chicken patty served on a whole grain bun. Comes with mayo.

Buffaburger with Cheese
A seasoned 100% beef patty served on a whole grain bun topped with cheddar cheese and served with ketchup.

Spaghetti & Meatballs
Whole grain spaghetti topped with homemade tomato sauce, three meatballs and mozzarella cheese.



WHAT MAKES A COMPLETE MEAL:

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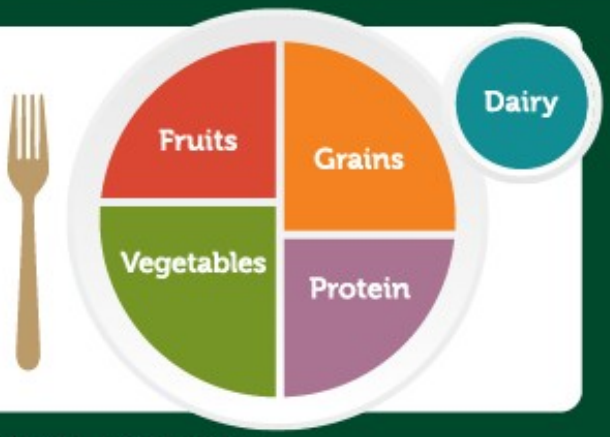
P PROTEIN G GRAIN V VEGETABLES F FRUIT D DAIRY

- **Choose 3-5 items (one must be a FRUIT or VEGGIE):**
- **Up to 2 FRUIT and/or VEGETABLES every day**
- **1% white MILK or non-fat chocolate MILK**



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